

FALL OPENINGS!



Amanda's Easel/PALS

Creative Arts Therapy Program
for Families Affected by Domestic Abuse

Families Growing Stronger Together

Have you left an abusive relationship? Your children were affected too. Let's pick up the pieces together.



Creative Arts Therapy
Art, Music and Play: Ages 4-14



Parent Groups skill-building



Trauma Informed Counseling



Case Management



Supportive Connections



Goals specific to
each family's needs



Non-threatening, safe,
expressive environment

Children exposed to family violence, whether verbal, emotional, or physical, may experience many symptoms including:

- Fear
- Confusion
- Separation anxiety
- Emotional stress
- Behavior changes
- Sleep problems
- Struggles in school
- Poor concentration
- Acting out
- Isolation

For intake information, please call

732.264.4360 x4005

SERVICES ARE FREE*

180 Turning Lives Around Inc. has many other programs and services focused on ending domestic violence. If you are in need of immediate assistance or would like information on other programs please call **732-264-4111** or visit **www.180nj.org**.

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